



A CENTRE FOR ADVANCED DENTAL EDUCATION SSG-FUNDED WORKSHOP SERIES

2nd Run

Promoting Oral Health through Behavioural Change The Potential of Motivational Interviewing

Date & Time : Saturday, (27 May 2023), 0900 -1700 hr (7 CPE points)

Venue : NUCOHS L10 Seminar Room (S10-5) and L8 Clinic

Target Audience : Dentists and Oral Health Therapists

“It is so hard to get patients to keep their teeth clean! How can I get them to listen to my advice?” - Does this sound familiar?

Oral health is an important part of holistic health. The achievement of oral health requires a combination of prevention and treatment with each complementing one other. Oral healthcare professionals play a pivotal role in both these aspects of patient care.

Effective prevention is anchored upon successful patient counselling bringing about sustainable behavioural and lifestyle changes for a healthier mouth. Motivational interviewing can be used to engage patients and shape effective patient education and behavioural change.

[Click to Register!](#)

Through this course, participants will:

1. gain an understanding of Motivational Interviewing (MI);
2. understand the principles of MI and
3. apply the principles of MI in patient education and behaviour modification

For enquiries: please contact Ms Lina Yip at lina.yip@nus.edu.sg

Our Trainers



**Associate Professor
Wong Mun Loke**
Acting Dean and
Vice Dean
(Academic Affairs),
NUS Faculty of Dentistry

Assoc Prof Wong Mun Loke is presently the Acting Dean and Vice Dean (Academic Affairs) at NUS Dentistry. He plays an instrumental role in undergraduate education overseeing the planning, management and operationalisation of the Bachelor of Dental Surgery (BDS) programme. Assoc Prof Wong has been involved in dental education for close to two decades. He is presently a Fellow with the NUS Teaching Academy which aims to inspire and encourage excellence in teaching through professional development and regular engagements with fellow educator peers to exchange ideas and best practices in education. Regionally, Assoc Prof Wong is a Council Member of the South East Asia Dental Education Association (SEAADE).

After graduating with a Bachelor of Dental Surgery from NUS in 1998, Assoc Prof Wong pursued post graduate training in Dental Public Health at the Eastman Dental Institute, University College London where he graduated in 2001 with a Master's (with Distinction) in Dental Public Health. Moreover, he completed the Diploma in Dental Public Health, Royal College of Surgeons (England) in 2001. In 2011, he completed a Master's in Business Administration from NUS.

With his background in Dental Public Health (DPH), Assoc Prof Wong is actively engaged in the delivery of the undergraduate DPH curriculum. He also anchors the teaching of Behavioural Science in the BDS programme. As part of the Behavioural Science teaching, Assoc Prof Wong has an interest in behavioural change and patient communication. His research interests span oral health promotion, preventive dentistry as well as public health issues related to enhancing the oral health of the geriatric population.

Before his present role at NUS, Assoc Prof Wong spent more than 10 years with the Health Promotion Board where he worked in the School Dental Service, youth health promotion as well as community health promotion.

Our Trainers



**Associate Professor
Gao Xiaoli**
NUS Faculty of
Dentistry and
NUS Saw Swee Hock
School of Public
Health

Assoc Prof Gao Xiaoli has been working in the field of dental public health, with a research focus on oral health disparity, social determinates of oral health, and interventions for improving health-related lifestyles. She was among the first few to introduce motivational interviewing (MI) into dental care. She is active in undergraduate, postgraduate and continuing education, and has led a cross-faculty teaching development project for incorporating MI into undergraduate curricula in dentistry, medicine and nursing.

Assoc Prof Gao has published widely in top-tier scientific journals and is in the global list of '2% top scientists in the world'. She has received many local and international awards, including the International Association for Dental Research (IADR) John Clarkson Fellowship (2018), William J. Gies Award for Clinical Research (2011), and Lion Dental Research Award for Young Investigator (2007). Assoc Prof Gao is currently serving editorial roles with Trials and International Dental Journal and is the Executive Committee Member and Program Chair of IADR Behavioral Epidemiologic Health Service Research (BEHSR) group.

After graduating with a Bachelor of Dental Surgery from Sun Yat-sen University in 1993, Assoc Prof Gao worked at the university for 7 years and pursued postgraduate studies at NUS where she graduated with her MSc degree in Preventive Dentistry (2003) and PhD degree in Dental Public Health (2008). She worked at the University of Hong Kong for 11 years (2008 to 2019) before joining NUS as a faculty. She also became a Fellow in Dental Public Health with the Royal Australasian College of Dental Surgeons (RACDS) in 2014.

Our Trainers



Mdm Hor Chuen Yee
Manager,
Student Support,
NUS Faculty of
Dentistry

Mdm Hor Chuen Yee is from a nursing background. She attained her qualification as a registered nurse in 1998 and has since practised clinical nursing in Singapore General Hospital and research nursing in KK Women's and Children's Hospital and National University Health System. She was also a nurse specialist in Paediatric Asthma at National University Hospital, closely affiliated with Singapore National Asthma Program (SNAP).

During her service as a Standardised Patient Educator with Yong Loo Lin School of Medicine (YLLSoM, NUS), she tapped on her past experiences in clinical nursing, research and standardised patient plans and has built an effective NUS Standardised Patient Program together with Associate Professor Nicola Ngiam from the Centre for Healthcare Simulation, YLLSoM, NUS. Her research background in nursing enables her to find the finer details in the use of standardised patients in ethics education and exam sessions for multiple faculties in YLLSoM, NUS. She was also a member of the Association of Standardised Patient Educator (ASPE), United States of America.

When Mdm Hor was with the National Healthcare Group, Chronic Disease Management Division, she played a role in monitoring and evaluating the national disease management of Chronic obstructive pulmonary disease (The Airway Program, TAP) and Asthma (SNAP). She was a facilitator for the National Asthma Educator Course in 2018. She was working closely with multi-institutional stakeholders on guidelines and interventions for airway disease management.

Mdm Hor has particular interest in communication skills and teaching with standardised patient methodology. She also likes to craft scenarios for students to optimise their experiential learning. She co-facilitates teaching sessions with Assoc Prof Wong Mun Loke and Dr Gabriel Lee during their behavioural science experiential learning sessions.

Currently, Mdm Hor's main role is as a student support manager, equipped with skills to assist students in their emotional and administrative struggles during their curriculum years with NUS Dentistry.

Workshop Fees

	International Participants	Singapore Citizens	Singapore Citizens	Singapore PRs	Enhanced Training Support SMEs
		39 years old or younger	40 years old or older eligible for MCES		
Full Programme Fee	\$1,050.00	\$1,050.00	\$1,050.00	\$1,050.00	\$1,050.00
Less: SSG Grant Amount	\$0.00	\$735.00	\$735.00	\$735.00	\$735.00
Nett Programme Fee	\$1,050.00	\$315.00	\$315.00	\$315.00	\$315.00
8% GST on Nett Programme Fee	\$84.00	\$25.20	\$25.20	\$25.20	\$25.20
Total Nett Programme Fee Payable, Including GST	\$1,134.00	\$340.20	\$340.20	\$340.20	\$340.20
Less Additional Funding if Eligible Under Various Schemes	\$0.00	\$0.00	\$210.00	\$0.00	\$210.00
Total Nett Programme Fee Payable, Including GST, after additional funding from the various funding schemes	\$1,134.00	\$340.20	\$130.20	\$340.20	\$130.20

Participants must fulfill at least 75% attendance and pass all assessment components to be eligible for SSG funding.

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